

afaq

StartUp 4
Listening

Unit8 – Lesson2
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Have your Ss look at the picture. Convey the meaning and try to elicit the word. Then practice the pronunciation chorally and individually.

Teach the form of the word. Then ask some concept checking questions.



REALIZE



Have your Ss look at the picture. Convey the meaning and try to elicit the word. Then practice the pronunciation chorally and individually.

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CONTAGIOUS



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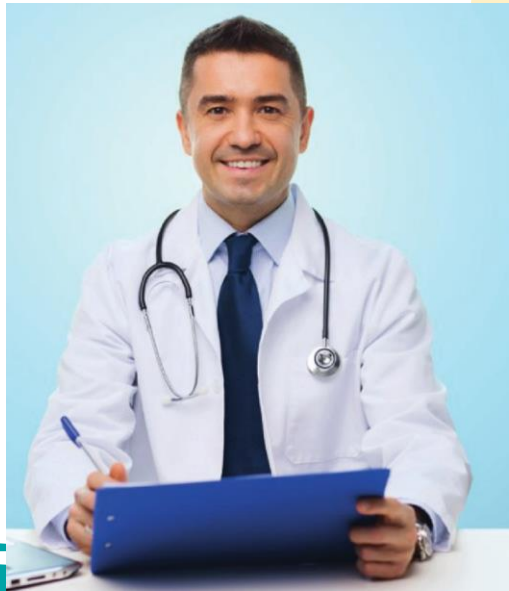
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ANTIBIOTICS

A ▶08-13 Listen to the podcast. Check (✓) all the true statements about the flu.

1. ☐ It is very easy to pass on to others.
2. ☐ It can kill you.
3. ☐ Everyone should get the flu vaccine.
4. ☐ You can go back to work or school as soon as you feel better.



B ▶08-13 Read the Listening Skill. Listen again. Use the words in the box to help you complete the chart. Then check your answers.

avoid touching your face	avoid all public places
wait a couple of days	stay home and rest
get the flu vaccine	wash your hands
stay away from other people	drink plenty of fluids

Here are two easy things you can do to protect yourself.

First: _____

Second: • _____

• _____

Now here's my third piece of advice. If you catch the flu…

• _____

• _____

• _____

• _____

Finally, once you feel better…

_____

LISTENING SKILL

Listen for signal words

Speakers sometimes use signal words to let us know what they are going to talk about, for example: *Here are **two** easy things you can do. **First**, most healthy people should…*

When you hear signal words, use them to help you follow the speaker's important ideas.

Have your Ss answer the lead-in questions using the "whole-class" interaction pattern.



TALK ABOUT THE LAST FLU YOU HAD.

Share in your groups.

A: Welcome to The Doctor is In. I'm your host, Ben Bryant. Today Dr. Pablo Ramos is here to talk to us about the flu.

B: Thanks for the chance to discuss this important topic. No one likes getting the flu, but many people don't realize how dangerous it can be. Thousands of people die from it every year.

A: Really?

B: Yes! The flu is quite contagious, so everyone needs to try to avoid getting it. That way, we won't pass it on to others.

A: Ok, so what can we do?

B: Well, whenever you can, avoid crowded places. The flu virus is passed from one person to another through a cough, a sneeze, or a touch. So staying away from crowds helps.

A: But we can't stay away from people all the time!

B: Of course not. Here are two easy things you can do to protect yourself: First, most healthy people should get the flu vaccine before flu season starts. But check with your doctor first, to make sure the vaccine is safe for you. Second, wash your hands after you touch anything that other people have touched, such as a door handle. If you can't wash your hands right away, avoid touching your face, especially your mouth, nose, or eyes.

A: What about antibiotic hand wash, the kind you don't need water for?

B: It works pretty well when you can't get to a restroom. But washing your hands frequently with soap and water for a full minute is the best way to kill the flu virus. Now here's my third piece of advice. Not everyone can avoid catching the flu. If you do catch the flu, stay away from other people. Avoid all public places, such as work or school. Just stay home, rest, and drink plenty of fluids. Finally, once you feel better, wait a couple of days—until you are no longer contagious—to return to your normal activities. That way you can avoid passing the virus on to anyone else.

A: A listener just texted with a question: "Does vitamin C help prevent the flu?"

B: Some doctors believe that vitamin C can help your body fight illness, including the flu. However, getting vitamin C through food, such as oranges, probably works better than taking vitamins.

READ THE SCRIPT AND UNDERLINE ANY NEW WORDS YOU DO NOT KNOW.

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AS HOMEWORK USE A DICTIONARY TO LOOK UP THE WORDS AND LEARN THEM.